

## The School Day at Firwood High School

Below is an example timetable for the school day in KS3 and KS4.

<b><u>Class</u></b> <b><u>Timetable</u></b>	<b>Good Morning</b>	<b>P1</b>	<b>P2</b>	<b>Break</b>	<b>P3</b>	<b>Lunch/PSD</b>		<b>P4</b>	<b>P5</b>	<b>P6</b>	<b>End of day routine</b>	<b>Transition time</b>
	<b>9:00 – 9:30</b>	<b>9:30-10.10</b>	<b>10:10-10:50</b>	<b>10:50-11:10</b>	<b>11:10-11:50</b>	<b>11:50 – 12:25</b>	<b>12:25– 1:00</b>	<b>1:00-1:40</b>	<b>1:40-2:20</b>	<b>2:20-3:00</b>	<b>3:00 – 3:10</b>	<b>3:10 – 3:30</b>
<b><u>Monday</u></b>	Good morning routines Sensory circuits Reading Target work										Relax Choose time Class Dojo E4L	Transition to buses / parents
<b><u>Tuesday</u></b>	Good morning routines Sensory circuits Sensory circuits Reading Target work										Relax Choose time Class Dojo E4L	Transition to buses / parents
<b><u>Wednesday</u></b>	Good morning routines Sensory circuits Sensory circuits Reading Target work										Relax Choose time Class Dojo E4L	Transition to buses / parents
<b><u>Thursday</u></b>	Good morning routines Sensory circuits Sensory circuits Reading Target work										Relax Choose time Class Dojo E4L	Transition to buses / parents
<b><u>Friday</u></b>	Good morning routines Sensory circuits Sensory circuits Reading Target work										Relax Choose time Class Dojo E4L	Transition to buses / parents

## The School Day at Firwood Sixth Form

Below is the timetable for the school day in the 6<sup>th</sup> form.

	<u>Good Morning</u>	<u>P1</u>	<u>P2</u>	<u>Bistro</u>	<u>P3</u>	<u>Lunch/PSD</u>		<u>Relax &amp; Wellbeing</u>	<u>P4</u>	<u>P5</u>	<u>End of day routine</u>	<u>Transition time</u>
	9:00 – 9:30	9:30-10:10	10:10-10:50	10:50-11:20	11:20-11:50	11:50 – 12:25	12:25-1:00	1:00-1:15	1:15-2:15	2:15-3:00	3:00 – 3:15	3:15 – 3:35
<b><u>Monday</u></b>	Signing In Feelings Breakfast Newround				Skills Builder			Relax			Relax Choose time Class Dojo EAL	Transition to buses / parents
<b><u>Tuesday</u></b>	Signing In Feelings Breakfast Newround				Skills Builder			Relax			Relax Choose time Class Dojo EAL	Transition to buses / parents
<b><u>Wednesday</u></b>	Signing In Feelings Breakfast Newround				Skills Builder			Relax			Relax Choose time Class Dojo EAL	Transition to buses / parents
<b><u>Thursday</u></b>	Signing In Feelings Breakfast Newround				Skills Builder			Relax			Relax Choose time Class Dojo EAL	Transition to buses / parents
<b><u>Friday</u></b>	Signing In Feelings Breakfast Newround				Skills Builder			Relax			Relax Choose time Class Dojo EAL	Transition to buses / parents